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COPE'S MEENA WONG,
IF SHE'S ELECTED

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New Brunswick man says he
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McDonald's coffee

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Ebola nurse should not have flown: Officials

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The high price of dying

Burials. As Metro
Vancouver cemetery
space dwindles, burial
plot prices are climbing

Vancouverites have long com-
plained about the high cost of
living in this city.

But as graveyards fill up
and land prices soar, it's also
becoming one of the most ex-
pensive places to die.

In some Metro Vancouver
cemetries where vacancy is
running low, asking prices for
in-ground burial plots with
space for two caskets can run
as high as \$52,000, while a
double-crypt mausoleum can
come with a price tag as steep
as \$60,000.

According to industry ex-
perts, that high cost of burial
is only going to keep rising as
graveyard space continues to
dwindle. They say the issue
highlights a need to change
provincial legislation that con-
trols how cemeteries can sell
burial plots.

"We're going to hit that wall
eventually," said Glen Hodges,
manager of Mountain View
Cemetery in Mount Pleasant.
"The space that exists is basic-



Glen Hodges, manager of Mountain View Cemetery, says the high cost of burial in Metro Vancouver highlights a need for the B.C. government to look at changing legislation that determines how cemeteries can sell burial plots. JENNIFER GAUTHIER/FOR METRO

ally the space we already have,
so as those cemeteries start to
fill up ... that puts pressure on
those cemeteries in terms of
pricing that remaining space."

At Mountain View, the City
of Vancouver's only cemetery,
Hodges said there are only 700

or 800 graves still available for
casket burials.

The cost of a burial plot
is \$22,500, he said, which in-
cludes space for up to two
caskets, up to eight cremated
remains and up to four grave
markers.

While the price may seem
exorbitant, Hodges said the
fee is "good value" considering
families can reuse the burial
plot, placing two new caskets
every 40 years — a perk that is
only offered at Mountain View.

At private cemeteries, the

cost can run even higher.

In Burnaby, a double-depth
plot at Ocean View Burial
Park ranges from \$30,000 to
\$52,000.

Those fees have been rising
about three per cent every year
and are determined by supply

and demand, said Blair Wallin,
B.C. market director for Dignity
Memorial, a U.S.-based corpora-
tion that owns and operates
Ocean View.

Wallin added that custom-
ers can choose a cemetery with
more space in another part
of the region. In Abbotsford's
municipal cemeteries, for ex-
ample, the total cost of burial is
\$2,624 for residents and \$5,048
for non-residents.

Peter Nobes, director of
the Catholic Cemeteries of the
Archdiocese of Vancouver, said
he believes the high cost of bur-
ial is driving families to choose
the less expensive option of
cremation, which is roughly
a quarter of the cost of casket
burial.

For Hodges, the high cost
of burial underscores a need
for the government to look at
changing B.C.'s Cremation, In-
terment and Funeral Services
Act, which currently allows
cemeteries to only sell two
spaces in a double-depth burial
plot to members of the same
family.

If burial plots could be sold
to two strangers who don't
mind sharing a grave, Hodges
said casket burial could be-
come significantly more afford-
able. **THANDI FLETCHER/METRO**

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Dead body found in Oppenheimer Park tent

Police not treating death as suspicious.
Man's body discovered on same day homeless camp was set to be dismantled



MATT KIELTYKA
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Tragedy struck Oppenheimer Park on the same day its homeless camp faced eviction.

Police taped off several tents at the south end of the park Wednesday after a body was found inside a green and grey tent around 11 a.m.

VPD spokesman Const. Brian Montague confirmed there were "no visible signs of violence or trauma" at the scene, and the death is not being treated as suspicious.

The victim is believed to be a 69-year-old man, but he has yet to be positively identified, according to police.

The news cast a sombre mood over the park, where campers were preparing to pack up and leave to comply with a court-ordered injunction to dismantle the camp by 10 p.m.

Anthony Guitar, part of the leadership circle of advocates in the park, said the man was not a drug user and may have been dead for several days before being found.

"It's sad. We don't know how to handle the situation right now, most of us are walking around trying to ease some of the campers because we



Vancouver police and members of the B.C. Coroners Service take away the body of a person found dead in a tent at Oppenheimer Park on Wednesday. MATT KIELTYKA/METRO

don't really need that," said Guitar.

Vancouver Mayor Gregor Robertson offered condolences, but said the death highlighted the dangers of the camp.

"This tragedy certainly demonstrates why tent camps are not safe," Robertson told media. "We have a lot of chronically homeless people in Vancouver who are of great concern, that we've been trying to get housed, and here is an example where someone suffered an ill fate unfortunately at the camp."

He urged campers to take up the city's offer of shelter

spaces until housing can be found for them.

The city says its outreach staff and B.C. Housing have placed 56 campers into housing and another 57 into shelters as of 3 p.m. on Wednesday.

The camp visibly thinned as the eviction loomed, but many struggled to find alternatives.

"Shelters don't work for me," said one man, who wished to remain anonymous. "I don't want anything to do with those bed-bug infested places."

He planned to find a new area on the streets to sleep Wednesday night as he left Oppenheimer with just a bag

full of clothes and a donated sandwich.

At Metro's deadline, a group standing by the former site of a community longhouse began chanting as the count-down to the city mandated eviction neared.

Other residents broke out into argument as groups squabbled over who owned certain possessions during the pack up.

Roughly 100 people remained in the camp, waiting to file out as they went searching for somewhere to sleep.

"The majority of people in this park have nowhere to go, they came here for help," Guitar said. "You come in here at

10 o'clock at night and kick people out, where are they going to go?"

Robertson tried to allay fears that chaos, violence and mass arrests would ensue should campers remain at the park past the 10 p.m. deadline.

"We don't want to see any violence, we don't want to see this fall apart," the mayor said. "The city has recognized that with all of these tent camps in the past that it does take time. It's not a hard, fast stop."

He said police would be on hand only "if there is an emergency that warrants their presence."

WITH FILES FROM NICK WELLS

1 NEWS

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Surrey. Councillor decries racist vandalism of campaign signage

A councillor in one of Canada's most diverse cities says he won't tolerate racist vandalism targeting him and other South Asian election candidates.

Dozens of campaign signs from multiple municipal parties were targeted by vandals in Surrey earlier this week, with the faces and names of South Asian candidates crossed out with black spray paint.

Three-term councillor Tom Gill, a Surrey First candidate in Nov. 15's election, took to Facebook with images of the defaced signs and a message saying, "A sad state of affairs that in 2014 we still stand witness to the handmaiden of misery."



Gill told Metro he has never experienced racism during his political career and felt compelled to speak out.
MATT KIELTYKA/METRO

Burnaby. No kissing! Mayoral candidate vows to ban public affection

You may not kiss the bride.

That's what grooms will be told at the altar if this Burnaby mayoral candidate wins the Nov. 15 election.

Sylvia Gung is running on a platform to create a "whole-some society," which would mean banning any public displays of affection including wedding kisses and holding hands in public.

These behaviours "hurt public decorum and lead to further violence," according to Gung's profile on the city's website.

This is Gung's second run for the mayor's seat.

She's up against incumbent Mayor Derek Corrigan, who has held the position for 12 years. Corrigan is known for his adamant opposition to Kinder Morgan's proposed pipeline expansion.

There are four other candidates vying for the city's top job.

Helen Hee Soon Chang, who has been elected as a school trustee, organizes multicultural forums and would strive to boost safety and inclusivity.

Realtor Raj Gupta, who ran unsuccessfully for the B.C. Conservative Party in the 2013 provincial election, promises to cut property taxes and improve spending.

Entrepreneur Daren Hancott, leader of the Burnaby First party, pledges his management expertise will make him a capable leader at City Hall.

Allan Hutton, a longtime Burnaby resident and volunteer, wants to preserve the city's natural areas and create an accountable government.

EMILY JACKSON/METRO

COPE promises \$1-a-day transit

Affordable plan. Wong says it would get people out of cars, reduce carbon emissions and living costs

EMILY JACKSON
emily.jackson@metronews.ca

COPE mayoral candidate Meena Wong wants to put a bus pass in the hands of every Vancouverite for \$1 a day.

Wong announced Wednesday her pledge for a universal transit program with \$30 monthly passes if she wins the Nov. 15 municipal election, saying the plan would get people out of cars, reduce carbon emissions and reduce living costs.

The pass would be modeled after the U-Pass at Lower Mainland universities and colleges, where all students must pay a flat transit fee as part of their tuition.

Wong admitted that TransLink "tended not to respond too well" when her staff contacted them about the plan.

But she was adamant that the plan would net the transit authority \$160 million, \$10 million more than it currently collects from Vancouverites. She plans to negotiate with other municipalities to make lower fares happen across the region.

"People once they hear about this, that they're all going to get a \$30 monthly pass? I think other cities will hop on



COPE mayoral candidate Meena Wong announces a plan for \$1-a-day transit to much fanfare at the grand opening of her Vancouver office on Wednesday. EMILY JACKSON/METRO

this bandwagon," Wong said. "I can guarantee people want it."

But there's a catch. To make COPE's math work, all 450,000 adults in Vancouver would have to buy into the system for a total of \$360 per year. It's not clear how COPE would enforce that or who would collect the money. (One idea would be to add \$720 in property tax to a two-person residence.)

That's an immense jump

in the number of Vancouverites who would need to buy a pass from TransLink. Based on an average monthly pass cost of \$124 (a one-zone pass costs \$91, two-zone \$124 and three-zone \$170), only about 100,000 residents currently buy transit passes.

Only 23 per cent of trips in Vancouver are taken by transit, with 54 per cent taken by car, 17 per cent by foot and 4 per cent by bicycle, according to 2011 TransLink data.

But Wong maintained that her idea wasn't an empty promise.

"The people need to make their voice heard. We're here to represent that," she said.

Wong has already created the stir on the campaign with two popular proposals, one to tax vacant condos and the other to establish a \$15-an-hour minimum wage in the city. The vacant condo tax has developed into a major election issue.



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NPA would 'wipe out' future gains for renters, Vision says

Rental 100 program.

More than 1,000 rental units have been built in each of last few years



EMILY JACKSON
emily.jackson@metronews.ca

The Non-Partisan Association's plan to axe a city program that encourages developers to build rental units would be a "huge step backwards" for renters, Vision Vancouver argued Wednesday.

NPA mayoral candidate Kirk LaPointe, the top rival to incumbent Vision Mayor Gregor Robertson, said at a news conference Tuesday he would kill the Rental 100 program if he wins the Nov. 15 municipal election.

The program, established by Vision, gives developers breaks on parking and more density in return for promising the new units will remain

rentals for 60 years or the life of the building, whichever is longer.

More than 1,000 dedicated rental units have been built in each of the past couple years, a significant jump from fewer than 200 units per year since before the program, according to city data.

While the new units rent for up to \$1,400 per month for a studio apartment — one would need to earn about \$57,000 annually for that to be affordable under the federal government's definition — they still boost the rental stock and are much cheaper than buying a condo, Vision Coun. Geoff Meggs said Wednesday.

The NPA would "wipe out our leadership" in creating housing for people earning middle incomes, he said, adding Vision would continue the program and aim to build 1,000 rental units each year for the next four years.

More than half of Vancouverites are renters.



A rental apartment in Vancouver's west end. The Rental 100 program gives developers breaks on parking and more density in return for promising the new units will remain rentals for 60 years or the life of the building, whichever is longer. EMILY JACKSON/METRO

Tough decision on Site C set for year's end: Minister



An artist's rendering of the proposed Site C hydroelectric dam. COURTESY B.C. HYDRO

British Columbia's growing economy will need plenty of power for both business and population growth, but Energy Minister Bill Bennett says the Site C dam on the Peace River is still not a certainty.

Bennett said he will offer Premier Christy Clark and her cabinet a recommendation next month on whether to proceed with the almost \$8-billion hydroelectric project, but that decision — expected to be made public by the end of the year — will be the subject of intense debate.

The minister has said that

if the project were approved, construction could start as early as January, with a completion date of 2024.

The proposed dam near Fort St. John cleared major hurdles this week, with the federal and British Columbia governments granting environmental approvals as long as more than 80 conditions are met before it proceeds.

"I'm going to take something to cabinet that's not going to be easy for my cabinet colleagues to decide," Bennett said. "I'm trying to make it as difficult as I can to make the decision because it shouldn't

be an easy decision. It's a major decision for this government."

The Site C dam, which would flood agricultural land with the creation of an 83-kilometre-long reservoir, would produce 1,100 megawatts of capacity every year, enough to power about 450,000 homes.

Site C has been part of B.C. Hydro's vision for decades.

"We have not made a decision," Bennett said. "We are not leaning one way or the other. This is the most difficult piece of public policy that I've ever had the opportunity to deal with." **THE CANADIAN PRESS**

Central issues

Energy Minister Bill Bennett said there are three overriding issues driving the decision-making process:

- What's best for ratepayers
- Does the decision compromise the current safe, reliable and clean energy system?
- Finding ways to work with area First Nations, who primarily oppose the plan

Nomination documents

'Nuisance suit' filed over mayor's primary residence

A political opponent of Vancouver Mayor Gregor Robertson has filed a legal challenge alleging the mayor's nomination documents aren't truthful, a claim the mayor's party said it will fight in court on Thursday.

Cedar Party council candidate Glen Chernen alleged the mayor wasn't accurate when listing his primary residence as his Kitsilano house because he has been renting an apartment downtown since he split with his wife this spring, Vision Vancouver's Marcella Munro told Metro on Wednesday. "From our perspective it's a nuisance suit and politically motivated," Munro said. **EMILY JACKSON/METRO**

Drug test

Fentanyl the true culprit in 'heroin' overdoses

A suspected batch of bad heroin responsible for a recent rash of overdoses has tested positive as straight fentanyl, according to Vancouver police.

"While initially believed to be a high-grade heroin,

test results show the substance to be fentanyl, a very potent and potentially lethal drug," said a release issued by Vancouver police spokesman Const. Brian Montague.

According to Vancouver Coastal Health, 15 people overdosed at Vancouver's safe injection site, Insite, on Monday and 16 overdosed on Sunday.

THANDI FLETCHER/METRO, WITH FILES FROM MATT KIELTYKA/METRO

Yaletown

Man allegedly steals purse, taxi at scissor-point

A 25-year-old man was arrested early Wednesday after he allegedly snatched a woman's purse and stole a taxi to make his getaway.

Around 9:30 p.m. Tuesday, a man allegedly robbed a woman of her purse near

Davie Street and Pacific Boulevard before allegedly stealing a cab to flee, said Vancouver police spokesman Const. Brian Montague. "He pulled a pair of scissors, hopped into the front seat and stole the cab," said Montague.

Officers caught up with the man around 11 p.m. He had barricaded himself in an apartment on West 12th Avenue near Ash Street, police said. **THANDI FLETCHER/METRO**

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Friends of gunman shot by police say he was harmless

Slocan. Independent Investigations Office is looking into the shooting of 45-year-old Peter DeGroot

Friends of a fugitive gunman shot to death by police near the village of Slocan, B.C., are expressing their grief and an-

ger over what they consider a tragic end to the man's life.

Peter DeGroot, 45, was killed Monday, five days after an exchange of gunfire with police when Mounties responded to a dispute between two people.

DeGroot fled into the woods, triggering an influx of officers, helicopters and search dogs to the community where residents were told to stay indoors. RCMP said DeGroot was

found by police Monday in a cabin near a gravel pit and shot and killed following an "interaction."

DeGroot's supporters have set up a memorial page on Facebook, saying he was harmless.

"More than a few of us are deeply suspect of the way this all went down," Delaine Hird wrote in a posting on the memorial page.

The shooting is being in-

vestigated by B.C.'s police watchdog, the Independent Investigations Office. Few details have been released about the circumstances surrounding DeGroot's death.

"The IIO investigation is still in its early stages and investigators are expected to be in the area this week," spokesman Owen Court said in a statement. "IIO resources include a team director, three investigators and a forensic specialist."

DeGroot's neighbours described him as a loner who was committed to his animals including cows, pigs, a goat and chickens. His financial troubles meant he was living in a van and having trouble feeding them.

Antonia Crossley, who owns a restaurant in Slocan, said she didn't know DeGroot, but that diners have had mixed feelings about the police action.

THE CANADIAN PRESS



Peter DeGroot RCMP/THE CANADIAN PRESS

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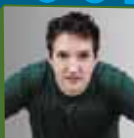
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Ebola. B.C. well-prepared to deal with possible case of virus: Health minister

B.C.'s health minister is assuring the public that the province is prepared to deal with a case of Ebola after a second U.S. health worker tested positive for the virus.

Terry Lake says the risk in B.C. is low, but provincial health authorities have infection control systems and procedures in place in case someone is infected.

Lake says those standards are the same ones used by Medecins Sans Frontieres in West Africa and the Centers for Disease Control in Atlanta, which have been dealing with cases of the virus.

His statement comes after

the B.C. Nurses' Union said its members aren't ready to respond to Ebola cases because they haven't been trained to care for such patients.

Lake says he's asked provincial health officer Dr. Perry Kendall to confirm that hospitals have the necessary equipment and training to handle Ebola cases and that protocols are in place to protect health care staff.

Kendall has said his first priority is to make sure health-care workers familiarize themselves with personal protective equipment.

THE CANADIAN PRESS

Consequences?

B.C. can't get away with voiding contract clauses, BCTF lawyer says

A lawyer for the B.C. Teachers' Federation has warned of a litany of consequences if the provincial government is merely required to consult the union before imposing working conditions instead of using collective bargaining.

John Rogers told an appeal court panel that items such as compensation, professional development, seniority rights and benefits could be imposed by the province through legislation.

On Tuesday, a lawyer for the province argued that the government deleted hundreds of clauses from the teachers' contract in 2002 in order to break 20 years of conflict around contract negotiations.

THE CANADIAN PRESS

Saanich

Man arrested after two women hospitalized for drug use

A 19-year-old man is in custody after two young women on Vancouver Island were hospitalized due to what police believe was a bad batch of the party drug ecstasy.

Saanich police issued a warning about the drug on Sunday, saying one woman who took it was in such bad shape she was placed in the intensive care unit.

Sgt. Steve Eassie says the two women in their early 20s told police they took ecstasy purchased from someone living in the community.

Police then arrested a 19-year-old man on Sunday.

They also searched his home and found 90 grams of a powdered substance believed to be similar to what the two women consumed, but it has not yet been tested. THE CANADIAN PRESS



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People protest on the campus of Utah State on Wednesday in Logan, Utah. Utah's campus gun laws are in the spotlight after feminist speaker Anita Sarkeesian cancelled a speech at the university once she learned the school would allow students to carry concealed firearms despite an anonymous threat against her. RICK BOWMER/THE ASSOCIATED PRESS

Sarkeesian critical of school's relaxed safety measures

Gun violence.

Canadian blogger got mass shooting threats, but Utah State refused to prevent people from carrying guns into her lecture

Canadian feminist and media critic Anita Sarkeesian has been forced to cancel a lecture in Utah after an anonymous threat promised a "Montreal Massacre-style attack" if the event went forward.

Sarkeesian — whose Feminist Frequency blog critiques how women are portrayed in popular culture and video games — was set to speak at Utah State University Wednesday evening. However, school

officials received a threatening email Monday, vowing to carry out a mass shooting unless the lecture was cancelled.

According to the Standard Examiner in Ogden, Utah, the threats directly referenced the 1989 shooting at Montreal's École Polytechnique. In that incident, 25-year-old Marc Lépine announced he was "fighting feminism" before murdering 14 women at the school.

The author of the email referred to Sarkeesian as "a craven little whore" and boasted about possessing "a semi-automatic rifle, multiple pistols, and a collection of pipe bombs."

The university had vowed to increase security at the event, but Sarkeesian cancelled after learning the audience would be allowed to carry concealed firearms in

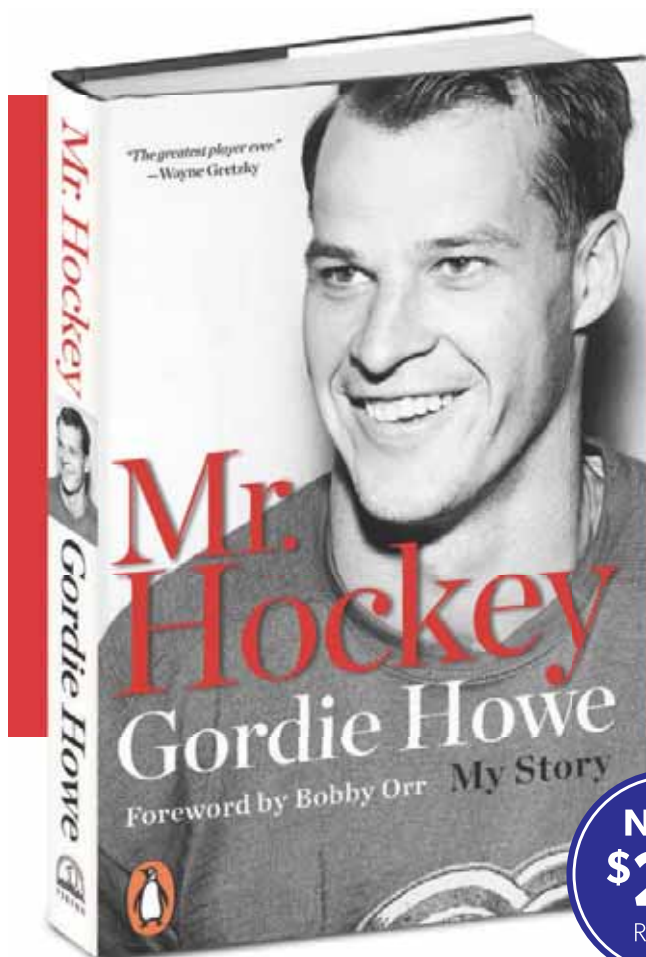


Anita Sarkeesian CONTRIBUTED

accordance with state law.

"It's sort of mindboggling to me that they couldn't take efforts to make sure there were no guns in an auditorium that was threatened with guns and a mass shooting," Sarkeesian said. "I don't understand how they could be so cut-and-dried about it."

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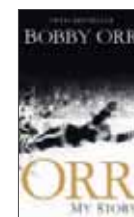
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Nurse exposed to Ebola should not have been flying: Official

Passengers contacted.

U.S. federal health agency says health-care worker flew from Texas to Ohio before testing positive for the disease

A top U.S. federal health official said Wednesday that a Texas nurse exposed to the Ebola virus should never have taken a flight from Cleveland to the Dallas area. She has now been diagnosed with Ebola and officials are now contacting other passengers on the plane.

"The level of risk to people around her would be extremely low," said Dr. Tom Frieden, director of the Centers for Disease Control and Prevention.

The worker is the second to be infected after treating a Liberian man who died of

Ebola last week.

Frieden says the health care worker travelled to Ohio before she knew that the first nurse had been diagnosed. The unidentified nurse flew

to Cleveland on Friday, the same day a colleague, nurse Nina Pham, was hospitalized. Pham's diagnosis with Ebola was disclosed on Sunday.

The second nurse returned

to Texas on Monday on Frontier Airlines Flight 1143 from Cleveland to Dallas-Fort Worth with 132 other passengers, according to the CDC.

The airplane's crew said

she had no symptoms of Ebola during her return flight on Monday. But Tuesday morning she developed a fever and on Tuesday night tested positive for Ebola.



A Frontier Airlines employee wears gloves as she directs passengers where to go at Cleveland Hopkins International Airport Wednesday in Cleveland, Ohio. Health officials aren't sure how many people came into contact with a Texas nurse as she visited family in the Akron area days before being diagnosed with Ebola in Dallas. The Ohio Department of Health says she visited family from Oct. 8-13 and flew Monday from Cleveland to Dallas. TONY DEJAK/THE ASSOCIATED PRESS

Effects

Airline stocks fall over fears of Ebola

News that a health worker diagnosed with Ebola flew on a commercial flight raised fear among airline investors that the scare over the virus could cause travelers to avoid flying.

Shares of the biggest U.S. airlines tumbled between two per cent and four per cent in afternoon trading. The overall market slumped on concerns about slowing global economic growth.

Airline stocks have slumped in recent weeks on Ebola fears and concern about slower growth in the global economy, which could offset the benefit to airlines from falling fuel prices.

Wednesday, airlines with the biggest international networks sold off the most.

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Pennsylvania

High school soccer coaches resign over Ebola taunts

Two Pennsylvania high school soccer coaches have resigned after their players hurled Ebola taunts at an opponent from West Africa.

Northampton Area Supt. Joseph Kovalchik says the coaches resigned Tuesday. He says he met with the team Wednesday and will discipline students who violated the school's anti-discrimination policy.

Authorities say the comments came during a game last week against rival Nazareth Area High School.

Fountain Hill Police Chief Edward Bachert is the Nazareth player's legal guardian. He says the 16-year-old is from Guinea, and worries about his parents given the Ebola outbreak there.

He says the boy was shaken by the taunts. But he says Nazareth students have rallied behind him. Some have posted tweets with the hashtag "EndRacism."

The resignations were first reported by The Morning Call of Allentown.

THE ASSOCIATED PRESS

Dallas. Nurses treating Ebola patient complain of dangerous conditions

A Liberian Ebola patient was left in an open area of a Dallas emergency room for hours, and the nurses treating him worked for days without proper protective gear and faced constantly changing protocols, according to a statement released late Tuesday by the largest U.S. nurses' union.

Nurses were forced to use medical tape to secure openings in their flimsy garments, worried that their necks and heads were exposed as they cared for a patient with explosive diarrhea and projectile vomiting, said Deborah Burger of National Nurses United.

Burger convened a confer-

ence call with reporters to relay what she said were concerns raised by nurses at Texas Health Presbyterian Hospital, where Thomas Eric Duncan — the first person to be diagnosed with Ebola in the U.S. — died last week.

Duncan died Oct. 8, and the hospital said Sunday that one of his nurses had tested positive for Ebola. She is hospitalized and was listed Tuesday in good condition. On Wednesday, Texas health officials announced that a preliminary test indicated a second, unidentified health care worker at the hospital had been infected with the disease. THE ASSOCIATED PRESS



Nursing student Mathew Jacob participates in a refresher course on personal protective equipment at the Brookhaven College School of Nursing in Farmers Branch, Texas, on Tuesday. ANDY JACOBSON/DALLAS MORNING NEWS/THE ASSOCIATED PRESS

Canadians ready to act against hunger

World Food Day poll shows concern is high

A new Ipsos survey commissioned by the international development organizations Development and Peace and the Canadian Foodgrains Bank reveals that a majority of Canadians are concerned about world hunger and want to take action in the struggle against it.

Released today on World Food Day, the survey, which had 1,002 respondents from across the country, showed that over 60 per cent of Canadians are concerned about world hunger, and that 65 per cent believe that funding programs that support small family farmers in developing countries to be the most effective way to reduce hunger.

Canadians, however, underestimated the number of those suffering from hunger, with 42 per cent placing the number below 500 million, and another 26 per cent admitting to not knowing. The United Nations World Food Programme estimates that there are actually 805 million undernourished people in the world today.

The survey also indicated that a majority of Canadians believe that they can play a role in the fight against world hunger, mainly by



Peasant women in Haiti are earning better incomes from their crops thanks to support from Development and Peace. CONTRIBUTED

donating to organizations that support small family farmers in developing countries, calling on the Canadian government to increase funding for international aid aimed at helping small family farmers, and by making lifestyle changes, such as wasting less food.

The theme for this year's World Food Day is Family Farming: Feeding the world, caring for the earth, which highlights the essential role

of family farming in eradicating hunger and poverty.

"We have seen time and again how our programs that support small family farmers can have a real impact on the quality of life of their families and their communities," says Michael Casey, Executive Director of Development and Peace.

"It is really encouraging to see that Can-

adians are making the connection that small family farmers need our solidarity if we want to see an end to hunger, and are willing to show that solidarity through concrete actions," he added.

Development and Peace works with grassroots organizations in Africa, Asia, Latin America and the Middle East whose projects are aimed at eradicating poverty and addressing issues of injustice faced by groups that are marginalized, such as women and indigenous communities.

The organization is currently running a campaign called Sow Much Love that draws attention to the challenges faced by small family farmers in developing countries, including diminishing access to seeds. As part of the campaign, Canadians across the country are signing a petition to ask that Canadian policies and programs support small family farmers, and protect their right to preserve, use, and exchange seeds.

"When a mother in Haiti tells you that she can now send her children to school because her crops can fetch a fair price, it is truly uplifting. We want to make sure that we keep going in the right direction, and Canadians can help do that," said Mr. Casey.

To learn more about Development and Peace, visit devp.org.

A large campaign poster for 'Sow Much Love'. It features a smiling woman in a hat and patterned shirt, holding a bundle of harvested grain. The background is a bright blue sky with white clouds. Text on the poster includes 'SOW Much Love' in large white letters, 'Small family farmers feed the world' in smaller yellow text, and 'Together, we can end world hunger!' in large white letters on a dark blue banner. At the bottom right, it says 'www.devdp.org', 'CANADIAN CATHOLIC ORGANIZATION FOR Development and Peace', and '1888 234-8533' with social media icons for Facebook and Twitter, and the hashtag #SowMuchLove.

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Nepalese soldiers prepare to airlift an injured trekker in the Thorong La pass area of Nepal Wednesday. Four foreign trekkers caught in a blizzard died Tuesday while 14 others were rescued. COURTESY NEPALESE ARMY/THE ASSOCIATED PRESS

Four Canadians die in Himalayas

Nepalese avalanche, blizzard kill 12. Death toll expected to rise as rescuers struggle to reach dozens of stranded trekkers

Cyclone blamed

- The rain and snow that triggered the deadly avalanches and blizzard in Nepal were caused by a cyclone that hit neighbouring India days ago.
- October is the most popular trekking season in Nepal, with thousands of foreigners hiking around Nepal's Himalayan mountains.

An avalanche and a blizzard in Nepal's mountainous north have killed at least 12 people, including four Canadians, officials say.

Montreal-based travel agency Terra Ultima said three Quebecers — two women in their 50s and one in her 30s — are among those missing and feared dead. Co-founder Julien Passerini said six Quebecers, includ-

ing a guide who is among the missing, had left Canada on Oct. 3 for three weeks.

A company called Panorama Himalaya confirmed the deaths of three Canadian

clients in an avalanche and said it had rescued three other Canadians. A company called Nepal Hidden Treks confirmed the death of a fourth Canadian woman.

In the neighbouring Mustang district, four trekkers caught in a blizzard died Tuesday. Rescuers recovered the bodies of the two Poles, one Israeli and one Nepali trekker from the Thorong La pass area. A government official said 14 foreigners have been rescued so far, and two army helicopters were picking up injured trekkers.

Five climbers — two from Slovakia and three Nepalese guides — were hit by a separate avalanche on Mount Dhaulagiri and remain missing. **THE ASSOCIATED PRESS**

Four kids injured in Kashmir cross-border firing: Pakistan

Indian forces fired into the Pakistan-administered portion of the disputed Himalayan region of Kashmir, wounding four children Tuesday night, Pakistan's military said Wednesday, a sign of increasing tensions between the two nuclear-armed rivals.

Indian army officials confirmed the incident but blamed Pakistan for initiating the fire, saying the Pakistan army fired small arms and mortar shells at Indian positions late Tuesday.

A senior official in Indian-

controlled Kashmir said Pakistani fire wounded one civilian Tuesday.

Angered over the clashes, about 200 Kashmiri activists staged a sit-in Wednesday about 500 metres from the Line of Control at Chakoti sector in Pakistan-administered Kashmir, asking India to stop the firing. They also urged India to allow them to send supplies for those affected by recent floods in Indian-controlled Kashmir that killed 200 people.

THE ASSOCIATED PRESS



A Kashmiri woman sits near a burning tire during a protest Wednesday by people affected by floods in Srinagar. **THE ASSOCIATED PRESS**

McDonald's in N.B. investigating game of hide and squeak

A not-so-mice surprise.
N.B. man in 'disbelief' after he says he found a mouse in his coffee cup

Ron Morais takes his McDonald's coffee black: no cream, no milk. And certainly no mouse.

The New Brunswick man is looking for answers from the fast-food giant after saying he found a dead rodent at the bottom of his McDonald's coffee.

Morais, who lives in New Maryland, said he ordered the medium black coffee Monday from a McDonald's in nearby Fredericton on his way to work.

The 57-year-old said he didn't notice anything unusual until he popped the lid off to enjoy the last few sips.

"It was disbelief," he said. "And then, 'Oh my God! There's a mouse in my cup!'"

Morais said the small mouse was wedged in the bottom of the cup with what appeared to be rodent feces. He said it was too tiny to notice the extra weight, but there was no doubt about what it was.

"Tail, whiskers, sort of dark grey or almost brown," he said. "The way it was situated in the coffee cup, the nose

was squished up against one side and its butt against the other. So it was almost like it was stuck to the bottom of the cup because it wasn't moving around."

He said one co-worker peered inside the cup and thought Morais was pulling an early Halloween prank with a fake mouse. Another colleague turned green, he said.

"When she looked she almost woofed her cookies," he said. "I felt a little queasy myself."

McDonald's Canada said it takes allegations involving cleanliness and sanitation seriously and that upon learning of the situation, the local franchisee immediately began an investigation, including working with the local public health authority. Both the health authority and an independent inspection by a pest control company found no evidence of pest problems in or outside the restaurant, McDonald's Canada said.

"We are continuing to

investigate this isolated incident and have reached out to the customer to obtain the product sample," McDonald's Canada said in a statement.

Morais, who said he has a "cast-iron stomach," said he went to the hospital on the advice of his boss to get checked out, but was sent home and told to come back if he felt sick.

He said the cup and mouse were kept in a freezer at his home until being picked up by a representative from McDonald's.

Morais said he doesn't want anything from McDonald's besides an explanation. He's had no ill effects from drinking the coffee, except for losing his appetite for a fast-food caffeine fix. **THE CANADIAN PRESS**



Pennsylvania

Man says he assaulted dentist with tire iron to get free dental care in prison

A Pennsylvania man says he assaulted his dentist with a tire iron because he couldn't afford dental treat-

ment and knew he'd get it in prison.

The Erie Times-News reports 30-year-old Philip Kienholz offered the explanation Tuesday when he was sentenced to 16 months to four years in state prison.

The Erie man had pleaded guilty but mentally ill in September to charges of aggravated assault and possessing an instrument of crime.

Erie police say Kienholz cornered the dentist while he was treating a juvenile patient, then hit the doctor in the wrist with the tire iron before running away.

At the time, police said Kienholz indicated he attacked the dentist because he was angry that the dentist wanted to prescribe antibiotics rather than pull an infected tooth.

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Lucie Aylwin and fiancé Gary Gendron. Aylwin died following the mall's collapse. HANDOUT/THE CANADIAN PRESS



Doloris Perizzolo died in collapse. HANDOUT/THE CANADIAN PRESS

Lives lost

Two years after the collapse of Algo Centre Mall, the community as a whole and those close to the victims have been given some measure of closure with the report's release.

- **Tragic Saturday.** In June 2012, the rooftop parking deck, after decades of penetrating, rust-causing water compromising it, finally crashed down.
- **Two victims.** Trapped in the rubble were Doloris Perizzolo, 74, and Lucie Aylwin, 37. Nineteen others were injured. While Perizzolo's death was deemed quick, Aylwin might have lived for as long as 39 hours.
- **Aylwin alive?** Commissioner Belanger concluded as much, stating responsive tapping and a muffled voice was heard by search dogs.
- **Possibility of rescue.** Belanger says Aylwin's rescue was possible, but says "we will never know for sure."
- **Aylwin's fiancé.** "It's sad and it feels good at the same time," said Gary Gendron. "I feel a little bit better, somewhat of a closure."



Rescue workers remove their hard hats as firefighters carry a second body out of the Algo Centre Mall in Elliot Lake, Ont., on June 27, 2012. Commissioner Paul Belanger reported this week on the deadly tragedy of the northern Ontario mall. He and his team have spent months sorting through numerous claims, counter-claims and finger pointing as to who was to blame for the tragedy.

NATHAN DENETTE/THE CANADIAN PRESS

Elliot Lake mall report shows decades of neglect: Belanger

Algo Centre inquiry. Findings show poor construction, dishonest owners, engineers and inspectors contributed to 2012 roof collapse

Decades of incompetence, neglect, greed and dishonesty by successive owners, engineers and municipal officials led to the deadly cave-in of a northern Ontario mall two years ago, a judicial inquiry reported.

Released Wednesday, the report is a scathing indictment of those who allowed the Algo Centre Mall to rust to the point of collapse. Commissioner Paul Belanger pulled few punches in holding those responsible to account.

"Although it was rust that defeated the structure of the Algo mall, the real story behind the collapse is one of human, not material, failures," Belanger told scores of residents at a community centre.

"Some of these failings were

minor, some were not; they ranged from apathy, neglect and indifference through mediocrity, ineptitude and incompetence, to outright greed, obfuscation and duplicity."

What is clear is the disaster began unfolding in the 1970s. The mall, Belanger concludes, was "doomed to early failure" while still in its planning stages.

Putting parking on the roof was a bad idea. A defective roof design — using an untested combination of materials — made matters much worse.

"The system was a dismal failure from the moment it was installed," the report states.

Ironically, the mall seldom lacked for professional oversight from architects and engineers, with 30 visits, inspections and reports over its 33-year life.

However, the scrutiny never translated into a proper fix for the leaks that prompted some to dub the centre the "Algo Falls." No one appeared to realize how severely the rust would compromise the integrity of the structural steel.

Some of the engineers involved simply forgot the "moral

and ethical foundation" of their vocation and, Belanger concludes, were more concerned with pandering to clients than with protecting the public.

"Their inspections were so ... incomplete as to be essentially meaningless," he said.

The commissioner was particularly critical of Robert (Bob) Wood, the engineer who signed off on the health of the mall weeks before it collapsed. His work and conduct, Belanger says, were "markedly inferior."

Wood, who faces criminal charges in connection with the collapse, said he falsified his report to appease the owner.

According to the commission, the mall's various owners hid the problems, then tried to sell their way out of them when patchwork fixes failed. Profit considerations trumped all other concerns, Belanger said.

In all, the report from the \$20-million inquiry makes 71 recommendations, including setting minimum maintenance standards for buildings, beefed-up inspections, and expanded emergency response capability.

THE CANADIAN PRESS

Local effort

Emergency response team praised

Belanger is effusive in his praise for the initial local emergency response. His view of the provincial heavy urban search and rescue team that was called in — despite the good intentions and courage of its members — is far more jaundiced.

The team deployed without sufficient numbers, without a proper plan or command structure, and treated family members and the community poorly, he says.

They also ignored an offer of help from experienced mine rescuers.

They called off the search due to the dangerous conditions instead of simply putting the effort on hold while they considered all

other options.

The rescue effort, he says, was not a model others should strive to emulate.

"Ontario's urban search and rescue system needs a careful re-examination to provide better overall coverage and quality of service," Belanger concludes.

He does, however, praise then-premier Dalton McGuinty for getting the rescue effort restarted.

Provincial police said they had made improvements to their crisis response, including mandatory training for major critical incident teams who are now deployed throughout the province.

In response to the report's release, the Ontario government promised a quick review of the recommendations to ensure the province is better prepared for any emergency.

THE CANADIAN PRESS



In this Feb. 17, 2011, file photo, William Melchert-Dinkel, center, leaves court with his attorney Terry Watkins, right, and wife Joyce Melchert-Dinkel in Faribault, Minn. ROBB LONG/THE ASSOCIATED PRESS FILE

Death of Tina Fontaine's father led her astray, courtroom hears

A Winnipeg courtroom is hearing more details about the downward spiral of a 15-year-old girl whose body was pulled from the Red River in August.

A sentencing hearing for two men who killed Tina Fontaine's father, Eugene, has been told the teen lost her way after the killing.

Eugene Fontaine was beaten to death in October 2011 by two men he had consumed drugs and alcohol with on the Sagkeeng First Nation north-east of Winnipeg.

Nicholas Abraham and Jonathan Starr have pleaded guilty to manslaughter and the Crown is seeking 10-year sen-

tences for each of them.

In a victim impact statement, Tina Fontaine's great-aunt and uncle say Tina "started drifting away" after losing her father. One of Tina's aunts said the teen "was not able to cope at all."

The girl's family has already said Tina was a bright girl who

fell into trouble after moving to Winnipeg earlier this year.

They say she frequently ran away from social workers while she was in the care of family services, and disappeared one week before her body, wrapped in a plastic bag, was found in the water. Police have not made any arrests. **THE CANADIAN PRESS**

Man guilty of assisting suicide gets jail time

Former Minnesota nurse. He encouraged an 18-year-old Canadian university student to kill herself

A former Minnesota nurse who admitted going online and encouraging an English man and a Canadian woman to kill themselves is headed to jail.

William Melchert-Dinkel was ordered Wednesday to serve 178 days.

He was sentenced to three years in prison, but he won't have to serve the prison term if he complies with conditions of probation that include the jail time.

The 52-year-old was convicted in September of one

count of assisting a suicide and one count of attempting to assist a suicide in the deaths of Mark Drybrough, 32, of Coventry, England, and Nadia Kajouji, 18, of Brampton, Ont.

The convictions came after the Minnesota Supreme Court narrowed the state's assisted-suicide law and reversed earlier convictions.

Kajouji jumped into a frozen river in 2008. She was a student at Carleton University in Ottawa at the time. Drybrough hanged himself in 2005. **THE ASSOCIATED PRESS**



Nadia Kajouji, from Brampton, Ont. THE ASSOCIATED PRESS



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Bananas! Companies duke it out for Chiquita

Offers. Pair of Brazilian companies have raised bid to \$658M, saying offer is better than one by Ireland's Fyffes

Two Brazilian companies were set to raise their bid for banana company Chiquita to ap-

proximately \$658 million US.

Investment firm Safra Group and juice company Cutrale Group said Wednesday that they are now offering \$14 per Chiquita share, up from their previous bid of \$13 per share. That's an approximate six per cent premium to Chiquita's Tuesday closing price of \$13.16.

Chiquita already has a merger agreement in place with

Irish fruit importer Fyffes that would give Chiquita's stockholders nearly a 60 per cent stake in the combined company under an all-stock deal. Fyffes shareholders would own about 40 per cent. If the deal goes through, it would create the world's largest banana supplier.

Safra and Cutrale said Wednesday that they believe their offer is superior

to Fyffes, saying it gives Chiquita stockholders "complete certainty with respect to the value of their Chiquita investment."

Chiquita and Fyffes announced their agreement last March. The new company will be incorporated in Dublin, where Fyffes is headquartered. Chiquita is based in Charlotte, N.C.

THE ASSOCIATED PRESS



Chiquita is entertaining competing offers right now. JOHN MOORE/GETTY IMAGES

COURT BAILIFF SALE OF LAND

In the Supreme Court of British Columbia between COSTCO WHOLESALE CANADA LTD. (Petitioner) and ANNU RADHA NAYYAR, ROYAL BANK OF CANADA, THE MANUFACTURERS LIFE INSURANCE COMPANY (Respondents).

By virtue of an Order issued out of the Supreme Court of British Columbia dated the 27th day of May, 2014, entered on the 28th day of May, 2014 Vancouver Registry No. S140482 before the Honorable Master Taylor, I will sell by sealed tender, all of the interest of ANNU RADHA NAYYAR, the Judgment Debtor (the judgment(s) amount(s) of \$161,668.59 plus costs and any interest accrued up until the selling date), in the following lands and premises, located at 7710 - 116th Street, Delta, British Columbia, more particularly known and described as PID 008-676-160 Lot 575 Section 24 Township 4 New Westminster District Plan 39954, for cash without upset price.

New Westminster Land Title Office, Title No: BX331451, from Title No: BV424546.

Application for registration on: May 18, 2005, entered May 25, 2005.

Registered Owner in Fee Simple: Annu Radha Nayyar, Cashier, 7710 - 116th Street, Delta, British Columbia V4C 5T6.

Taxation Authority: Municipality of Delta.

Description of land: PID 008-676-160 Lot 575 Section 24 Township 4 New Westminster District Plan 39954.

Legal Notations: None.

Charges, Liens and Interests

Nature of Charge: Charge Number, Date, Time.

Mortgage: BW203594, 2004-05-13, 12:29. Cancelled by BX351978, 2005-07-15. Registered Owner of Charge: CIBC Mortgages Inc., Incorporation No. 33457A, BW203594.

Mortgage: BX331452, 2005-05-18, 10:40. Registered owner of charge: Royal Bank of Canada, BX331452.

Judgment: CA3091911, 2013-04-24, 15:37. Registered owner of charge: Costco Wholesale Canada Ltd., Incorporation No. A0072721, CA3091911.

Judgment: CA3091928, 2013-04-24, 15:43. Registered owner of charge: Costco Wholesale Canada Ltd., Incorporation No. A0072721, CA3091928.

Judgment: CA3220164, 2013-07-05, 14:21. Registered owner of charge: Costco Wholesale Canada Ltd., Incorporation No. A0072721, CA3220164.

Judgment: CA3232988, 2013-07-12, 20:17. Registered owner of charge: Costco Wholesale Canada Ltd., Incorporation No. A72721, CA3232988.

Judgment: CA3467433, 2013-11-21, 13:29. Registered owner of charge: The Manufacturers Life Insurance Company, Incorporation No. A0064520, CA3467433.

Judgment: CA3470136, 2013-11-22, 15:41. Registered owner of charge: The Manufacturers Life Insurance Company, CA3470136.

Judgment: CA3473718, 2013-11-26, 12:23. Registered owner of charge: The Manufacturers Life Insurance Company, CA3473718.

CAUTION: Charges may not appear in order of priority. See Section 28 of the L.T.A.

Duplicate indefeasible title: None Outstanding.

Transfers: None.

Pending applications: None.

Corrections: None.

CONDITIONS OF SALE:

The proceeds of the sale of the interest of the Respondent, ANNU NAYYAR in the Land, immediately after the making thereof, shall be distributed as follows:

First, in payment of taxes, arrears of taxes, water rates, and the like (if any);

Second, in payment of the Sheriff's Poundage fees and incidental expenses;

Third, in payment of the Royal Bank of Canada's Mortgage; and

Fourth, to the registrar of this Honourable Court.

Subject to the preferential right of the petitioner for party and party costs in these proceedings, the proceeds of the sale thereafter shall be deemed to be money levied under execution within the meaning of the Creditor Assistance Act, R.S.B.C. 1996, c. 83, and shall be distributed by the registrar of the Court to the persons whom the Sheriff would, under the Creditor Assistance Act, distribute monies levied under a writ of execution.

The Court Bailiff reserves the right to reject any or all offers, and further reserves the right to adjourn the sale generally.

The Court Bailiff shall convey the land to the successful purchaser at the completion of the sale.

The Court Bailiff makes and it shall be deemed to have made, no representation or warranty whatsoever with respect to any matter or thing being the subject matter of this Court Bailiff Sale, expressed or implied, statutory or otherwise, and the Purchaser is submitting a sealed tender on an "as is, where is" basis, at its own risk and peril, and without limited the generality of the foregoing, in respect of all which matters the Purchaser shall satisfy himself prior to submitting a sealed tender.

Sealed tenders marked "NAYYAR" will be accepted at the office of Accurate Court Bailiff Services Ltd. at 6139 Trapp Avenue, Burnaby, BC until 12:00 noon on October 17, 2014.

For more details please contact Accurate Court Bailiff Services Ltd. At 604-526-2253.

Sparks tiff. U.S. governor wants French, Irish to butt out of cigarette packaging

In a trans-Atlantic debate over cigarette packaging, North Carolina's governor poses a rhetorical question to the Irish and French governments: Would Guinness be recognizable labelled simply as "beer?" Or would champagne sell as well in a bottle lacking its distinctive curves?

Gov. Pat McCrory has written letters to French and Irish officials decrying proposals in those countries to force manufacturers to package their cigarettes in plain containers. McCrory argues farmers and manufacturers in the

top U.S. tobacco-producing state would be hurt by the proposals to remove brand logos and colours from cigarette boxes.

"Plain packaging laws are a direct assault on intellectual property and trademarks," he says in the Oct. 6 letter to Gerard Araud, France's ambassador to the U.S.

He wrote a similar letter to Irish officials. In both letters, he compares North Carolina's tobacco industry to Ireland and France's famed vineyards, breweries and distilleries. THE ASSOCIATED PRESS

Market Minute

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CYBERSAFETY: TIPS FOR NUDE CELEBS & OTHER PEOPLE

Whether it's a generous overseas prince, an unexpected "I love you" email from a friend or a "banking error" that results in a refund, the surest sign something is spam is a nice person on the Internet.

There is no such person.

Message boards, news sites, comments sections and Twitter have taught us there is no "nice" online: only the malevolent and the stupid.

Olga from Russia does not want to date you and other men over 30. You are not the illegal-download site's 100,000th visitor, with or without a balloon gif. And, okay, maybe your parents sent you an email saying they love you, but it sounds suspicious to me.

Each week there's some new security breach caused by bots on your computer or hackers in the Cloud or some damned thing.

People scramble to see hacked nude photos of celebrities they've already seen naked in the movies. CNN explains



HE SAYS
John Mazerolle
metronews.ca

some new virus that sounds like an indie band (StormWorm!). A newspaper columnist comes THIS CLOSE to giving his info to a TD Bank phishing scam until he remembers, "Hey, this seems awfully *nice* of them."

Fortunately, my cynicism once again saved me from my useless trust in humankind. But what if you're a better person than me? How do you keep safe online? So glad you asked.

How to keep safe online

- Go against expectations by making your password "password." Hackers will be trying to find a more complicated password, and it will be right under their noses! The fools!
- Conversely, mix it up with Password1. The combination of text, caps and numbers will leave them baffled.
- Remember you should never share personal information over the Internet, email, regular mail, cellphones, land-

lines, smoke signals, Morse code, by pheromone or in person.

- If looking at nudes in public, cup your hands around the edges of the screen.
- Leave so-called "Captain Kirk" code on your computer to fool any bots into a logical paradox. e.g: "Everything this code says is a lie. This code is lying." Please note that your computer will smoke and spark for a while before shutting itself down.
- Ever notice how all security breach stories involve PCs or Macs? Tandy 1000, my friends. Tandy 1000.
- "Clean" your computer after every use by tossing it in soapy water.
- Keep your nudes in a folder marked Gideon Bible/Finances/History of New Brunswick and your personal information tucked away in the Apple Terms and Conditions agreement where nobody will read it.
- Maybe don't trust your personal information to a computer storage system named after a natural phenomenon known for its impermanence and permeability. Just a thought.

Metro Bitstrips caption contest



Today's winner:
Andrew Wong



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Visit metro.bitstrips.com on your mobile device to create an avatar and add your caption to the next comic. The funniest entry will be printed here. Check out today's runners-up by scanning the cartoon with your Metro News app.

Bitstrips

MetroTube



Let autocorrect finish that song



ANDREW FIFIELD
andrew.fifield@metronews.ca

Frequently frustrating suggestions aside, autocorrect can be pretty helpful — and entertaining. Songwriter Jonathan Mann also sees the charm in the smartphone feature's whimsical wordplay, so he recruited an iPhone to be the Bernie to his Elton and write the lyrics to a damned catchy song that haphazardly explores headaches, the universal yearning for human contact and ... geopolitics? (Jonathan Mann/YouTube)



SCREENGRAB

Twitter

@metropicks asked: A U.S. doctor is slamming hazmat Ebola worker costumes as being offensive. What Halloween looks are off limits?

@pohl1: ISIS Jihadis, human bombs

@megsprevost: Dress up as a cloud and hand out nude pics of celebrities all day long. #TooSoon #Funny

@WerdEmUp: um.. maybe "Sexy Ebola Hazmat Worker" ??

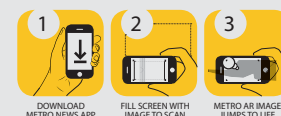


SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on pages 20 and 21 in Scene, page 28 in Life and page 34 in Sports

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
2. Hold your device over any image that has the AR logo near it. Wait for the green scan bar to read the image!
3. Voilà! You should see the AR in action.



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2 SCENE

The day that movement asked music for a dance

Small stage, big changes. Live music to be incorporated into 31st instalment of dance collaboration



BACKSTAGE PASS

Graeme McRanor
vancouver@metronews.ca

Time flies when it comes to tiny stages.

Suddenly, the 31st instalment of Dances for a Small Stage is around the corner. And, like most things in their 30s, this event has decided it's time to change.

"In a departure from our usual concept of five- to seven-minute dance works, MovEnt has joined with musical counterpart Music on Main for an evening integrating live music as well as dance," says MovEnt's artistic producer Julie-anne Saroyan.

"This type of interwoven collaboration has experienced an unfortunate deterioration over the years, resulting from a hyper-reliance on pre-recorded sounds."

"I can't think of two stronger leaders for this crucial renaissance than the grandparents of music and dance collaborations, John and Holly," Saroyan says.

"These two inspired minds were mentors to me at York University, and have been a major influence on my philosophy towards

Contrasting landscapes

- Check out figurative-abstract visual artist Ted Seeberg's inaugural exhibition, *Contrasting Landscapes*, Oct. 15-19 at East Van Studios (870 Cordova St.). Visit TedSeeberg.com for more information.

Unity in diversity

- The 2014 Diwali Fest kicks off this weekend and runs until Oct. 26 at various venues throughout Vancouver and Surrey. More information at DiwaliFest.ca.

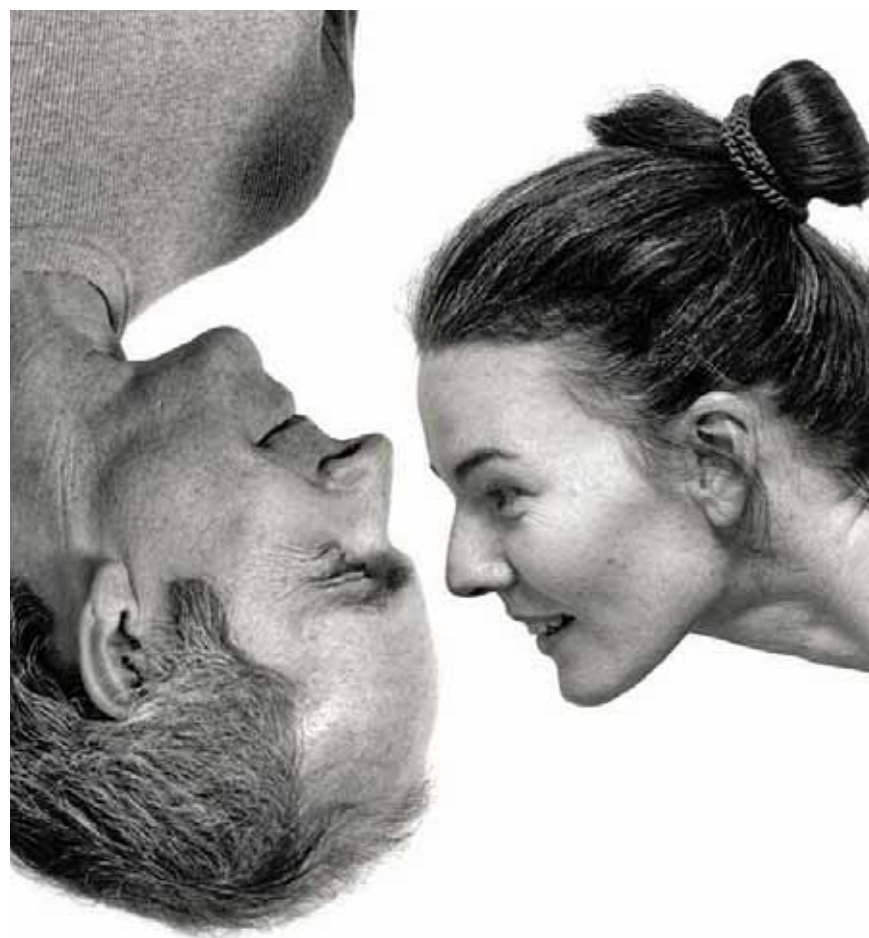
music and movement."

She's referencing a pair of talented Canadians — composer John Oswald and choreographer Holly Small — both of whom will be appearing in their first-ever joint performance on the diminutive stage.

Sharing the stage with them that night will be Makaila Wallace (choreographed by Karissa Barry), Vanessa Goodman, Stewart Iguidez and Toronto dancers Sean Ling and Jessica Runge.

Also from Toronto is the multi-award-winning Cecilia String Quartet.

They will be performing two works: a Tchaikovsky



Composer John Oswald and choreographer Holly Small perform in the 31st instalment of Dances for a Small Stage, beginning Oct. 23 at the Ukrainian Centre. SUBMITTED

score, String Quartet No. 1 in D major, Opus 11; and *preLieu*, composed by Oswald in 1991 for the Kronos

Quartet.

The three-show performance will be emceed by Billy Marchenski.

DANCES FOR A SMALL STAGE 31 TAKES PLACE OCT. 23-25 AT THE UKRAINIAN CENTRE. TICKETS ARE \$20. MORE INFORMATION AT MOVENT.CA.



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Getting to know actress Sarah Gadon

Dracula Untold.

Canadian talks about her studies at University of Toronto, working on big films

MATT PRIGGE

Metro World News in New York

Where you've seen her:

A performer on TV and film since she was a kid, the Canadian-born actress has appeared in three David Cronenberg films, including *Cosmopolis* and *Maps to the Stars*.

Gadon also played the second Jake Gyllenhaal's pregnant wife in *Enemy*, and played the half-sister in *Belle*.

Where she is now:

She plays the goodly wife of Vlad III Tepes, a.k.a. Vlad the Impaler, in the origin story/reboot *Dracula Untold*.

Where she's going:

Gadon will play Queen Elizabeth II as a young princess in *Girls' Night Out* and appear in the thriller *The 9th Life of Louis Drax*, with Aaron Paul, out next year.

Which Dracula she loves the most:

"I grew up with Bram Stoker's *Dracula*, the Coppola version," Gadon says, citing that *Untold* essentially stretches out its first 10 minutes into a feature-length film. She was also a total *Buffy the Vampire*



Scan this photo with your Metro News app to watch a video of Sarah Gadon talking about her character in *Dracula Untold*, which opened last Friday. CONTRIBUTED

Slayer head growing up.

Why vampires never die (as an art form):

"We return time and again to vampires as a metaphor. It touches on basic human themes of love and death and struggle. It's a great catalyst to explore these ideas."

What *Dracula Untold* does to the series:

"Each version of the story speaks to its specific time. Our film is no exception. It's taking the *Dracula* story and putting a contemporary Hollywood stamp on it. It's using every special effect in modern technical filmmaking to add this visual element, putting it on the compelling esthetic for which *Dracula* is so well known."

And it's about humanizing

Dracula (to a point):

"I think audiences are smart. They don't want to see black-and-white. They want to see a character struggling with complexity and trying to live a good life."

Graduating to giant productions after smaller films:

"I thought it was going to be hugely different, but at the end of the day it was like any film I'd ever done. You find a connection with another actor and everything in the background just fades away."

Gadon is also pursuing a degree in cinema studies at University of Toronto, with a few credits left. What she loves about it:

"I love semiotics. I love psychoanalysis and how it

Quoted

"I think when you have a film degree it helps you speak the same language as your director. It's easier to understand the visual references ..."

Gadon on how her education helps acting

pertains to film theory. I'm a big fan of Italian neorealism."

How academia helps her acting:

"I think when you have a film degree it helps you speak the same language as your director. It's easier to understand the visual references, the visual impact they're trying to make. That's important in character development. If you don't know the kind of film you're going to be in, it impacts the world you're creating."

How cinephilia helps her prepare:

"I usually like to watch a lot of movies before I start a project. I find it inspires me creatively. For this I watched a lot of samurai films. You can see the samurai influences when you watch some of these films. The hand coming out as the carriage pulls up unannounced (in certain *Dracula* films) is a very samurai moment. Gary (Shore, the director) asked me to watch a lot of early Spielberg stuff. The banter between men and women has the same tonal quality he wanted Luke and I to have."

Javier Bardem. Actor on board for Pirates project

The Spanish actor is in talks to play Captain Brand, a ghost determined to take revenge on Jack Sparrow for the death of his brother, according to *The Wrap*. Though earlier reports suggested Christoph Waltz might play the primary villain in the fifth *Pirates of the Caribbean* movie, Javier Bardem has ultimately landed the offer.

Opposite the Spanish actor, Johnny Depp is expected to return as Jack Sparrow, along with Geoffrey Rush as Captain Barbossa. The Disney feature



Javier Bardem AFP FILE PHOTO

will start production in Australia in February, with a U.S. release in July 2017.

AFP

Robert Downey Jr. Iron Man will return as part of Captain America story arc

All becomes clear in Robert Downey Jr.'s ongoing involvement in Marvel's crossover film franchises, as his Iron Man character is set to kick off a new story arc in *Captain America 3*. The addition of RDJ as Tony Stark/Iron Man means that Marvel's Civil War storyline is set to move from comic book page to cinema screen, with Stark and Chris Evans' *Captain America* on opposite sides of a govern-

mental Superhero Registration Act. It also makes sense of seemingly contradictory talk show remarks made on October 8, when Downey Jr. told Ellen DeGeneres that yes, there would be "a fourth Iron Man movie" (her words), but later the same day told David Letterman that "There's no plans for an Iron Man 4." *Captain America 3* is set for release May 6, 2016.

AFP

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metro

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Thursday, October 16, 2014



Alecia Moore, known as Pink, and Dallas Green recorded a folk-music album as You+Me. THE ASSOCIATED PRESS

Pink mixes it up with Green for folksy fresh sound

Rose Ave. Alecia Moore says she is just being herself in You+Me, her new folk duo with Canadian singer Dallas Green

Don't call Alecia Moore Pink — at least for now.

The 35-year-old entertainer is just being herself in You+Me, her new acoustic project with Canadian singer-songwriter Dallas Green.

The duo released its debut album Tuesday.

"This has nothing to do with Pink," Moore says, sitting by Green's side at Santa Monica's Viceroy Hotel.

"Pink was my nickname as a kid, but it's become this thing that I do.

"If you say the name Pink, you conjure up a woman hanging from a ceiling in a piece of cloth, screaming about her husband," she laughs. "This

is just me and my friend Dallas. He doesn't call me Pink."

Moore and Green say they weren't even trying to create an album. They were just a couple of old friends having fun and making music.

"The fact that there were no expectations — I think that's what made it so freeing," she says. "I felt like I was eight years old again. I just felt like I was doing it because I loved it."

The result is Rose Ave., a collection of nine original, guitar-based duets, along with a cover of Sade's No Ordinary Love.

The spare arrangements on these folksy songs spotlight Green and Moore's harmonies.

"I think I sing better when I'm singing with him," she says.

Alecia Moore and Dallas Green wrote and recorded their debut album in a week, which Green attributes to their friendship and overall comfort with each

other.

"The reason we wrote so quickly," he says, "was just because it was so energizing, the experience, I think, for both of us, because it was something different."

Since 2005, Green has written and recorded as City and Colour, releasing four studio albums.

As Pink, Moore says she tends to "write to tour."

"I'm way more of a touring person now," she says. "I'm trying to create the best thing I can create so I can do the coolest thing on the stage."

She and Green would not say if they plan to tour as You+Me.

Although Pink is on a break right now (her The Truth About Love tour wrapped earlier this year), Moore promises she'll be back eventually.

"I see myself in Vegas at 60," she said, "in a tutu, hanging from the ceiling in a piece of cloth, screaming about my husband."

THE ASSOCIATED PRESS

Chic-lit pioneer Becky heads to Rodeo Drive

Shopaholic to the Stars. Author Sophie Kinsella discusses her new book and its deeper themes about men and women

EMILY
LAURENCE
Metro News New York

When Sophie Kinsella released *Confessions of a Shopaholic* in 2003, chick lit was new. But the book about romance, shopping sprees and friendship resonated worldwide and spawned a movie.

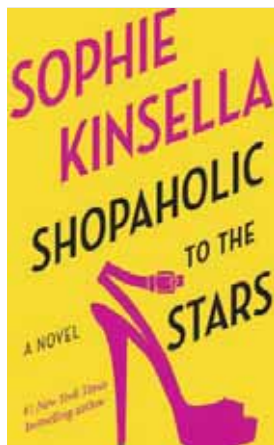
It's been four years since the last *Shopaholic*, but Kinsella is releasing the seventh book next week. We talk to her about how writing for women has changed, the book's deeper themes and what's next.

It's been four years since the last *Shopaholic* book. Why so long?

I was very eager to write another *Shopaholic* book, but I was also eager to write *I've Got Your Number* and *Wedding Night*, two stand-alone novels I've written in between. Oh, and I had a baby along the way. Hence the slight delay.



Shopaholic author
Sophie Kinsella



Quoted

"I think the world has been through its own shopaholic journey — borrow, spend, regret it, pay the price."

Shopaholic author Sophie Kinsella

How did you come up with the idea?

Sending Becky to Hollywood is an idea I've been mulling on for ages — especially since I was involved in the *Shopaholic* movie. All the time I was on set or in L.A., I kept thinking, "What would Becky do? How would she react to L.A.?" I knew she would go on quite a journey and I couldn't wait to write it.

Shopaholic To The Stars has a deep theme of how women's work is valued versus their husband's work. Is this a discussion you wanted to spark?

I never write any scenes deliberately to provoke discussion, but I do try to reflect reality as I see it. The struggle for any family to balance its breadwinning and parenting needs is definitely a big issue of today. Becky and Luke have a very real dilemma. They want to support each other, follow their individual ambitions, but remain a tight family unit. It's a tough task and I don't think there are any easy answers.

Has writing about Becky changed since the first book? Becky has changed and grown and the world has moved on.

When I started writing the first *Shopaholic* book, debt was not the topical subject it is today — in fact, I feel like I was ahead of the curve! Now we are all very aware — not just of our own personal debt but of our nations' debts. The financial crisis shook us all up and it was weirdly satisfying writing Becky's response to it in *Mini Shopaholic*.

I think the world has been through its own shopaholic journey — borrow, spend, regret it, pay the price. We're all a bit wiser now, and Becky is, too.

You were one of the first authors whose books were labelled chick lit. Was that a label you embraced?

I'm fairly relaxed about the phrase chick lit, partly because it's so nebulous. What does it even mean, exactly? No one seems sure. But I do think it's a shame to categorize a readership as all-female before you even begin. I know I have some male readers, even if they hide the books behind sports magazines. So I'd prefer romantic comedy, or the label I saw in a bookshop once: wit lit.

Has the way you write to women or anything about the book market changed over time?

When I write, I don't really think about "writing to women" or the book market. I think that would distract me and, anyway, I don't believe in trying to second-guess readers or markets. I just tell a story, in the best way I can, trying to write the book that I'd love to read myself. I haven't deliberately changed my style, although I have obviously noticed trends coming and going around me. (No, I am not planning a 50 Shades of *Shopaholic*!)

You leave things a bit open-ended in this book. Can you reveal what may happen next to Becky?

It was a lot of fun writing the end of *Shopaholic To The Stars*. While much of the story is tied up, there is a bit of a cliffhanger — I'm a sucker for a cliffhanger — but don't worry, I'm hard at work writing the sequel.

Let's just say that Becky is on the road.

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Underdogs. Foosball film voiced by Grande, Hoult

The animated comedy Underdogs is being readied for April release, and its English-language voice cast includes singer Ariana Grande, Nicholas Hoult of X-Men, Katie Holmes of Wonder Boys and Matthew Morrison of Glee.

Central to the story is Morrison's character Jake, an introverted foosball fan who is in love with Laura

(Grande) and, with her support, wins against Ace (Hoult).

Things turn bad when Ace, now a global soccer star, comes back to town, nabs Laura, and starts wrecking the place in order to build a giant sports arena.

It's up to Jake to make things right, and help comes from the plastic figures atop his foosball set.

If all this sounds familiar, it might be because Underdogs was first released in 2013 as The Unbeatables.

That version featured English-accented voice talent provided by the likes of Harry Potter star Rupert Grint, Peter Serafinowicz from Guardians of the Galaxy and Buffy the Vampire Slayer everpresent Anthony Head. **AFP**



Ariana Grande

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High on the adrenalin of finishing her first quest and levelling up, Ramona pushes deeper into the game, but quickly comes to see that she can't keep going on her own. "You see this enormous tsunami of loneliness. It's like a chant," says Dr. Sue Johnson, psychologist and author of Love Sense. Scan this photo for a video of Johnson discussing our need to connect with others.



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Visit metronews.ca/avatarssecrets over the next few days as we post daily chapters from Avatar Secrets.

- **Collector cards.** You can also download 10 collector cards from the series!

Oscars

Neil Patrick Harris to host next year's Academy Awards

Neil Patrick Harris will host the Oscars next year.

The actor announced his latest gig online Wednesday. He posted a video on Twitter of him on the phone saying, "I'm in," showing a close-up of his bucket list and circling "Host the Oscars."

Academy Awards co-producer Neil Meron con-



Neil Patrick Harris

firmed the casting on Twitter, writing, "we are so THRILLED that @ActualNPH will be our #Oscars host this year."

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Chris Brown holds no punches in his assessment of Ebola crisis

Oh, Chris Brown. You just can't help yourself, can you? The embattled singer decided to ruminate a bit on the current Ebola crisis, but maybe he should've just taken another BuzzFeed personality quiz or something — "Which Rihanna song are you," maybe? — because the results are, well, this: "I don't know ... But I think this Ebola epidemic is a form of population control. S— is getting crazy bruh." Indeed, bruh. He did at least follow that up with "Let me shut my black ass up!" At which point I can only assume he pummelled himself into submission.



Chris Brown
ALL PHOTOS: GETTY IMAGES

Gomez to grown-ups: 'What were you doing at 15?'

Kids can be tough enough, but Selena Gomez says she's also had to put up with grown-up haters, too. And she's had it, man. Up to here! "I get picked on by grown adults all the time," Gomez tells E! News. "It's grown-ups and I don't get it. It just baffles me. I wish I could just sit them down and say, 'What were you doing at 15? What were you doing at 18? What were you doing at 21?' Because I can guarantee you it's not half of what I've done." Maybe the "whatever, loser" tack isn't exactly the high road she seems to think it is. But apparently, it's working. "Trust me, it's hard. I've had



Selena Gomez

my moments where I've let them get to me, but I refuse to let them win," she says. Now if you'll excuse me, I have to go think about what I was doing at 15. And it ain't pretty.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Harry's party 'style' has pals concerned



NED EHRBAR
Metro World News in Hollywood

Guys? Harry Styles' friends are worried about him. And with good reason. Styles was recently photographed in the natural habitat of a 20-year-old celebrity on a break from his pop group's arena tour: puking his guts out on the side of an L.A. freeway the morning after a night out

with Lily Allen. You know, that old story. Well, while he's been getting sick his friends have been worried sick.

"He has been worrying everyone for quite some time now," a source tells Radar Online.

"Those close to him have urged him to slow down. But he lives by the seam of his pants and thinks that he is invincible. Clearly, he is not."

I'm not familiar with what living by the "seam" of your pants is, exactly, but hey, language is a fluid beast. Boot and rally, Harry. Boot and rally.



Twitter



@ABFalecbaldwin

An election is just weeks away. What better time to, once again, critique the lack of common sense and fairness in most US govt policy?



@kirstiealley

Oh damn...new cell phone with new Twitter app and no idea how to USE THE BLOCK Feature.



@Miles_Teller

When I buy my first house my shower head will have multiple settings.



Stephen Collins

Art imitating life? 7th Heaven star's latest role was a pedophile priest

This is probably not the kind of attention the filmmakers were hoping for: It turns out embattled former 7th Heaven star Stephen Collins' most recent role was in Penance, a

short film just hitting the festival circuit, playing ... a pedophile priest. Yikes. The film screened at the Catalina Film Festival near L.A. last month, just days before the release of a tape of Collins confessing to past incidents of molesting multiple young girls.

But on the bright side, it's not often a short film gets this kind of attention, so ... yay?

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Bang bang there goes my hair!

To chop or not to chop?

Cropping the front of your coif is a serious commitment. Are you ready to make the cut?

KATELYN
ZBOROWSKI
life@metronews.ca

Maybe it's the pages of fringe-flaunting celebs like Emma Stone and Karlie Kloss. Maybe it's a perfectly coiffed co-worker with a killer fringe rivalled only by her vocabulary. Or maybe it's as simple as a craving for change.

Whatever the cause, the question of the moment is clear: Should you get bangs?

Sure they're stylish and add a level of fierceness to your persona that you didn't even realize you were missing. But bangs can turn into a full-time job. They call for extra styling time in the morning, a level of round brush expertise to which many merely aspire and several months of growth should you ever decide to ditch them.

Sylvie Prud'Homme, co-owner, stylist and proud fringe flaunter at The Loft Toronto, is no stranger to the subject.

Her advice to anyone considering bangs is to "make sure they're right for your morning routine. Having a fringe makes blow-drying and styling a must in the morning, even if you're whipping the rest of your hair into a ponytail or topknot."

Prud'Homme also shares that this fall it's all about the "full bang that grazes just below the eyebrow with softness at the ends". She



Do you have time for these tresses? Regular maintenance of this new do will mean frequent trips to the salon. ISTOCK

says, "by having the ends soft instead of blunt, it allows for you to wear them down or swept to the side."

Who knew bangs could be so versatile?

La Coupe Salon and Spa in Montreal is currently ex-

periencing a surge of clients requesting full frontal fringes.

Stylists Melanie and Melissa credit the trend to the changing season, but also to stars who have recently debuted thick front bangs, including Taylor Swift.

Melanie and Melissa recommend assessing the health and type of your hair, as well as the condition of your scalp before making any decisions. If you have fine hair and an oily scalp, you might find your bangs look flat by the end of the day, leading to frequent washing and styling. If you don't have that kind of time (or patience) to devote to

Decisions at dawn

"Make sure they're right for your morning routine. Having a fringe makes blow-drying and styling a must in the morning, even if you're whipping the rest of your hair into a ponytail or topknot."

Sylvie Prud'Homme
Co-owner of The Loft

your new fringe, step away from the scissors.

If you have thick hair and already go a day or two between washings, you're in

a better position. The next step is to consult your stylist who will help you choose the right type of bang for your face.

A square face with a small forehead, for instance, usually isn't the best match for a thick front-cut fringe. A Jennifer Aniston-inspired side swept option, however, would work perfectly.

Chad Taylor, creative director at Moods Salon in Vancouver's top advice is to "talk with your stylist to see if they'd recommend bangs for your hair texture, face shape and growth patterns," because that pesky cowlick gets a whole lot peskier with the wrong kind of bangs.

Insider tip

- Many salons offer complimentary bang trims in between regular appointments. Check to see if yours does while you pop in for a consult to find your answer to the big bang question.



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Cookbook of the Week

Rebel with a cause



Thug Kitchen, a wildly popular blog, brings its bada—, keepin' it all the way real approach to a book that showcases more than 100 recipes. By taking the pretentious attitude out of healthy eats, it offers realistic advice about everything from techniques to shopping on a budget. Among the recipes are: Baked Spanish Rice, Grilled Eggplant Soba Noodles, Maple Berry Grits, Strawberry Shortcake and more. **METRO**

Black Bean Tortas with Coconut Chipotle Mayo. This sh— is so real you won't even miss that slab of beef

"A Torta is a bada— sandwich with the soul of a burrito," writes the Thug Kitchen crew, an L.A. based duo behind the blog of the same name. "Make this mother— stat and see what your narrow sandwich world has been missing."

1. Throw all those mayo ingredients in your blender or food processor and run that mother— on high for about a minute so everything is good and mixed. Taste and see if you want more hot sauce. Pour this all in a cup or bowl and store it in the fridge until you need it. It will thicken in there, just f—ing be patient.

2. Next, make the beans. Heat the oil in a large soup pot over medium heat. Throw in the onion and sauté it until it starts to look golden brown, about 5 minutes. Add the garlic, chili

Ingredients

Coconut Chipotle Mayo

- 1 cup canned coconut milk
- 1/3 cup of your favourite chipotle hot sauce
- 1/4 cup olive oil
- 1 tbsp ground chia seeds (Yeah, chia seeds, like the f— chia pet. They are rich in omega-3s and full of fibre. If you can't find them, flaxseeds are an OK sub)
- 1 tsp lemon juice
- 1/2 tsp garlic powder
- Pinch of salt

Creamy Black Beans

- 1 tsp oil
- 1 yellow onion, chopped
- 3 cloves garlic, minced
- 1 tbsp chili powder
- 3/4 tsp ground cumin
- 3 cups cooked black beans
- 1 1/2 cups vegetable broth
- Juice of 1 lime
- Salt to taste

Torta Trimmings

- 4 crusty rolls, split and toasted
- Lettuce
- Sliced tomatoes, red onion and avocado

powder, and cumin and cook for another 30 seconds. Add the beans and broth and stir



This recipe serves four. COPYRIGHT THUG KITCHEN

that sh— up. Let it come to a simmer and then turn down the heat real low. Using a potato masher or big-a— spoon, smash up all those beans as best you can. Think chunky guacamole. Add the lime juice and then taste. Add some salt or more spices if that's the kinda sh— you're into. Now turn off

the heat and make a torta.

3. Grab a toasted roll and smear with a bunch of the coconut chipotle mayo. Pile a f—ton of the beans on the bottom half. In between, add whateverthef— you want. Lettuce, tomatoes, red onion, and some avocado are some time-

tested choices, but be creative and sh—. Serve right away with some extra hot sauce.

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Side dish. Creamy Peanut Slaw

1. Peanut dressing: Mix the peanut butter and warm water together in a medium glass until it's creamy. Add the rest of the dressing ingredients to the sauce and mix that son of a b— well.

2. In bowl, combine veggies. Pour dressing over them and toss it all around.

Ingredients

Peanut Dressing

- 3 tbsp peanut butter
- 2 tbsp warm water
- 3 tbsp rice vinegar
- 2 tbsp lime juice
- 1 tbsp minced fresh ginger
- 1 1/2 tsp Sriracha

- 1/2 tsp soy sauce or tamari
- Slaw
- 3 cups each thinly sliced red and green cabbage
- 1 carrot, cut into thin matchsticks
- 1/3 cup thinly sliced green onions



This recipe serves four people as a side dish. COPYRIGHT THUG KITCHEN

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Fogo Island Inn: Where handcrafted meets high design

Hotel to home. Finding style inspiration from travel, this time off the coast of Newfoundland



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Set on the northern edge of Fogo Island, N.L., is a Nordic-inspired, modern structure that seemingly disappears into the sky with its grey, fog-like colour. The Fogo Island Inn is as sensible in its design as it is thoughtfully handcrafted.

Built just two years ago, the inn's design is not only a nod to the past, but an appreciation for a modern esthetic that strikes a balance with comfort.

From high-gloss bead-board ceilings (which reflect the northern Atlantic, making the floor-to-ceiling windows appear even larger) to



Each Fogo Island Inn guest room boasts modern lines, impeccable craftsmanship and natural materials sourced on the island. From furnishings to wall hooks and quilts, handmade touches are discovered everywhere. Scan this photo with your Metro News app to watch a guided video tour with yours truly of a room at the Fogo Island Inn in Newfoundland. CONTRIBUTED

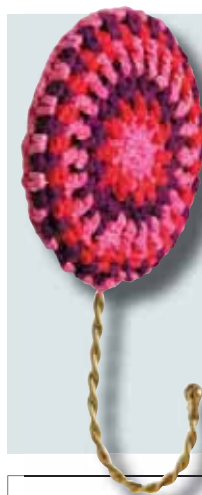


The Fogo Island Inn features 29 guest rooms and was designed by Canadian born, Norway-residing architect Todd Saunders. CONTRIBUTED

the locally handmade quilts, crocheted mats and furnishings (all of which can be purchased or ordered from the front desk), there are details any design enthusiast will take home to inspire their next decor project. Art does not hang on the walls of Fogo

Island Inn. Instead, practical furnishings and accessories become sculptural interests throughout.

Want the handcrafted look for your own space? Here are a few decor accessories that are currently available in the marketplace.



Crocheted pillows, mats and seat cushions make for handmade touches at Fogo Island Inn. Get the look with the Plum & Bowls Crochet Medallion Hook, \$12, UrbanOutfitters.com.



Easy-to-apply real wood veneer strips create a casual chic focal wall. \$500, EuroCorkWallDesign.com.



Snuggle up to a handmade quilt. They will become heirloom art for the bedroom. Make It Patchwork Quilt, \$349, UrbanOutfitters.com.



Mixed materials of cloth, rope and wood offer a thoughtful handcrafted look. Magical Thinking Cloth Wall Pocket, \$40, UrbanOutfitters.com.

A coat of black paint instantly gives something a personal touch. Ryssby Black Nightstand, \$129, Ikea.com.



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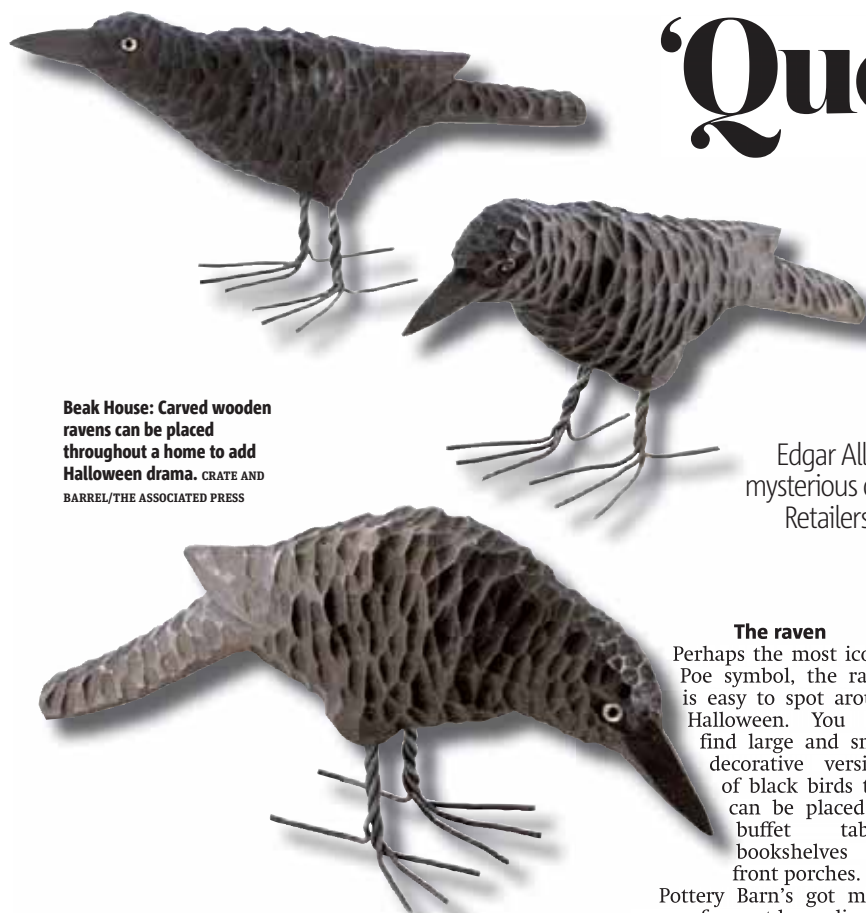
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Edgar Allan Poe-themed pillows feature the author's portrait, passages from his works, and vintage illustrations from his books. CAFEPress/THE ASSOCIATED PRESS



Fiery eyes: A conspiracy of raven lights. CRATE AND BARREL/THE ASSOCIATED PRESS



Beak House: Carved wooden ravens can be placed throughout a home to add Halloween drama. CRATE AND BARREL/THE ASSOCIATED PRESS

'Quoth the raven,' 'tis Halloween forevermore

Edgar Allan Poe, the master of horror fiction, gave us imagery — sinister masquerade balls, mysterious catacombs, menacing city streets — that has long inspired lovers of all things spooky. Retailers have plenty to offer for scary decorations or a Poe-inspired Halloween party

THE ASSOCIATED PRESS

The raven

Perhaps the most iconic Poe symbol, the raven is easy to spot around Halloween. You can find large and small decorative versions of black birds that can be placed on buffet tables, bookshelves and front porches.

Pottery Barn's got metal crows for outdoor display; faux crows for indoor use have real feathers. (potterybarn.com)

At Crate & Barrel, there are plates and napkins with an all-over raven graphic, as well as string lights and carved wooden ravens. (crateandbarrel.com)

A black feather wreath makes a dramatic statement on a mantle. Or run a black boa down the length of a serving table. You'll find both in many Halloween decor stores, but you can make your own, too.

HGTV.com has instructions for creating a wreath

using a straw form, and a black feather trim and boa from a crafts supply store. (hgtv.com)

Raven masks will turn even a non-costume dinner party into something intriguingly chic. Find versions both simple and elaborate crafted of paper, leather, lace or felt on Etsy.com.

Style with a story

Poe-themed decor also might include a touch of the literary: a long white glove with ink stains on it, vintage books stacked haphazardly, a tattered tablecloth. If you don't have copies of Poe's books, piles of black-covered volumes will set the tone. White feather "quill pens" can be arranged in little spice jars decorated with ink labels.

Buy a porcelain marker and write a line or two from your favourite Poe piece on some inexpensive white plates or serving trays. Or use metallic permanent markers to add a phrase to cotton or linen napkins.

Singe the edges of parchment paper printed with a poem or paragraph that you've written out or typed, using either an old typewriter or a vintage font from a computer. The same technique can be used to create invitations and menus.

Gothic glamour

Ebony taffeta or silk, tarnished metals, candlesticks and black wrought iron bring the Victorian gloom to life, so to speak.

You'll find faux black wrought-iron fencing à la The Fall of the House of Usher at spirithalloween.com. Midwest Living magazine has ideas for a Poe-themed dinner party, including using pages from a Poe book as placemats, having each guest

read a selected passage, and providing little chocolate (Tell-Tale) hearts as favours. (midwestliving.com)

Get black LED tapers and black candelabras at Pier 1 Imports. Creepy trees can be found at Grandin Road, along with harlequin pumpkins for a masquerade vibe. (pier1.com; grandinroad.com)

CafePress has wine charms printed with Poe's image or words, as well as serving trays, beer steins and glasses. There are pillows, ornaments and tiles with his portrait, along with vintage illustrations from the books. (cafe-press.com)

Wicked's Raging & Lull soy candle comes in an elegant, matte-black glass pot etched with a crow, and is scented with cinnamon, clove and vanilla. (gent-supplyco.com)



Black plumes: A china plate gets a graphic punch with an all-over raven motif.

CRATE AND BARREL/
THE ASSOCIATED PRESS

Spooky sweet: Cupcake papers printed with ravens. CRATE AND BARREL/
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MLB playoffs

Giants capitalize once again on Cardinals' errors

Buster Posey drove in three runs and the San Francisco Giants took advantage of some clunky defence by St. Louis first baseman Matt Adams, beating the Cardinals 6-4 on Wednesday night to move within one victory of the World Series.

Chasing their third title in five years, the Giants lead the best-of-seven NL Championship Series 3-1 after poor throws cost the Cardinals yet again.

October ace Madison Bumgarner can pitch San Francisco to another pennant Thursday night at home in Game 5. Struggling all-star Adam Wainwright starts for St. Louis, now facing the same daunting deficit the Giants overcame to beat the Cardinals in the 2012 NLCS.

San Francisco climbed out of an early three-run hole, and back-to-back bad throws by Adams in the sixth inning helped the Giants rally — one night after a wild toss by St. Louis reliever Randy Choate allowed the winning run to score. **THE ASSOCIATED PRESS**



The Giants' Buster Posey hits an RBI single against the Cardinals on Wednesday in San Francisco.

DAVID J. PHILLIP/THE ASSOCIATED PRESS

Sitting out with injury was stressful: Horvat

NHL. Vancouver's ninth overall pick in 2013 took part in full team practice on Wednesday



CAM TUCKER
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Bo Watch 2014 hit another level Wednesday.

Bo Horvat, 19, took part in his first team practice since injuring his shoulder in an exhibition game on Oct. 2. He had been skating separately from the main group with skills coach Glenn Carnegie, but was finally given the go-ahead to join his teammates.

"I was getting a little stressed out being off the ice for so long," said Horvat.

Now the issue becomes where Horvat could possibly fit into this lineup, as the Canucks look to build on a 2-0 start.

Horvat pointed out that he has experience playing the wing, but is more comfortable at centre. That's where head coach Willie Desjardins prefers him, as well.

But, as Desjardins said, the Canucks have Shawn Matthias centring the fourth line and he's played better in the middle.

Linden Vey and Brad Richardson can play centre, as well. In order to bring Horvat into the lineup, it would mean someone would have to shift to the wing, said Desjardins.

"It's kind of out of my hands. I'm just going to leave it up to the coaches," said Horvat.

The Canucks hit the road to



The Canucks' Bo Horvat returned to practice after suffering a shoulder injury during pre-season action. GETTY IMAGES FILE

play the Oilers on Friday, and back home to host the Tampa Bay Lightning on Saturday.

While Horvat was on the ice with his teammates, his workload was minimal as the second extra forward. He's hoping to get into line rushes as the week continues, while he works to get his speed and timing back.

"I'm feeling a lot better,

put it that way," said Horvat. "But now it's pretty much pain free."

The club does have options, but not one of them includes re-assigning Horvat to the American Hockey League.

The Canucks can send Horvat back to junior; keep him for a nine-game trial and then send him back to junior; or they can keep him at the NHL

level for the entire season.

The hit itself derailed what was a good showing in the pre-season from Horvat.

"It was driving me crazy there, sitting in the medical room. But I'm just happy to be back on the ice."

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Royals rule AL with sweep of Orioles



Royals closer Greg Holland reacts after defeating the Orioles 2-1 in Game 4 of the ALCS on Wednesday in Kansas City. MATT SLOCUM/THE ASSOCIATED PRESS

Crown these Royals the American League champions.

After nearly three decades spent trying to return to the playoffs, Kansas City is taking its perfect post-season ride all the way to the World Series.

With more dominant defence, an opportunistic offence that plated two runs in the first inning and a bullpen that shut down the Baltimore Orioles once again, Greg Holland and the wild-card Royals wrapped up a sweep of the AL Championship Series with a 2-1 victory on Wednesday.

Game 4

2

Royals

1

Orioles

Next stop: the Royals' first Fall Classic since 1985. They'll face the winner of the NLCS between the Giants and Cardinals.

"It's been an amazing run.

This is great," said left-fielder Alex Gordon, who made another jarring catch. "We've been playing pretty good baseball. It's nothing better than when you win. Today, same old story: good pitching, good defence and scratch out a win."

Outfielder Lorenzo Cain was selected MVP of the ALCS, batting .533 and leading an outstanding defence.

Kansas City will host the first two World Series games beginning Tuesday.

THE ASSOCIATED PRESS

4-SPORTS

Jets look to avoid new low in New England

NFL. With Pats back on track, struggling New York travels to Foxborough hoping to remain relevant to playoff picture

The New England Patriots turned their season around in plenty of time.

It's probably too late for the New York Jets, especially if they drop their sixth straight game when they visit the heavily favoured Patriots on Thursday night.

"We're desperate, to say the least," Jets coach Rex Ryan said.

The Patriots (4-2) quickly recovered from their low point, a 41-14 loss to the Kansas City Chiefs that unleashed speculation quarterback Tom Brady was slipping and coach Bill Belichick's genius was fading.



metro **AR** Tom Brady and the New England Patriots looked like an elite squad again after Sunday's 37-22 win in Buffalo. Scan the image with your Metro News app for more NFL notes from around the league Wednesday. BRETT CARLSEN/GETTY IMAGES

Unlike the Jets (1-5), that slide lasted just one week. A 43-17 rout of the NFL's last unbeaten team, the Cincinnati Bengals, took care of that. And

they followed it with a 37-22 road win over the Buffalo Bills.

"We'll have to keep perspective," Brady said, "not ride the highs and lows because there's

a lot of them."

The Patriots had just five of offensive touchdowns in a stretch of 14 quarters, then scored seven in the last eight. Against Buffalo, Brady had his best game of the season with 361 yards passing, four touchdown passes and completions to 10 receivers.

Ryan certainly didn't believe the criticism of the two-time MVP.

"That was hysterical," he said. "You know what I mean? It's like, 'Yeah, really? OK' I mean, come on."

Now if he could only brush off criticism of his own quarterback so easily.

Geno Smith is last in passer rating in the league and was replaced in the fifth game by Michael Vick, who said he wasn't prepared. Smith started last Sunday's 31-17 loss to the Denver Broncos and Ryan is sticking with him against the Patriots.

THE ASSOCIATED PRESS



Big won't scare off Williams

Celtics big man Kelly Olynyk goes up for a block on Raptors guard Lou Williams during NBA pre-season action on Wednesday night in Portland, Maine. Williams made a three-pointer with 0.6 seconds left to give the Raptors a 92-89 victory. Olynyk, who grew up in Kamloops, finished with six points and seven rebounds and was a plus-17 on the night.

ELISE AMENDOLA/THE ASSOCIATED PRESS



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OHL. McDavid enjoys Erie feeling

Erie Insurance Arena shares locker-rooms with a minor-league baseball stadium and makes up the ballpark's left-field facade. Across the street, adjacent to a tire warehouse, is a tiny tan building with red, white and blue trim that houses the Erie Otters offices.

Here, in this working-class town of 100,000 in northwestern Pennsylvania, a star is being born.

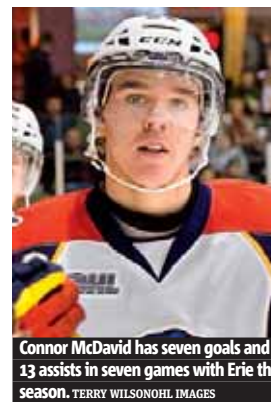
One day, Connor McDavid will take the ice at the Bell Centre and Madison Square Garden. But for now, he's happy to call Erie home.

"I love it here," said McDavid. "It's great. I'm sure you've only seen the downtown part of Erie and it's not particularly nice, but where we all live, it's beautiful. It's a great area."

At least a two-hour drive from Ontario and far from such OHL hot beds as Kitchener or London, McDavid is just far enough away to keep the spotlight from being blinding.

"There's less media, there's less outside attention, and as a player who's focused on the team and developing himself, I think that's a huge benefit for him to be here," Otters assistant coach and former NHL defenceman Jay McKee said.

No matter where he plays, the 17-year-old McDavid at-



Connor McDavid has seven goals and 13 assists in seven games with Erie this season. TERRY WILSON/OHL IMAGES

Sid similarities?

"It's obviously a tremendous honour to be named in the same breath with someone like that, but by no means do I think I'm deserving."

Connor McDavid on being compared to Sidney Crosby

Richmond Hill, Ont., and grew up in nearby Newmarket, put up seven goals and 13 assists in his first seven games this season, leading the Otters to a 6-0-1 start. At that three-point-a-game pace, he'd enter or surpass the territory of what Sidney Crosby did with Rimouski Oceanic of the Quebec Major Junior Hockey League at the same age.

Eleven months after Sportsnet Magazine's cover showed him with the headline, "Better than Crosby," the 17-year-old still thinks it was "pretty insane."

Scouts disagree. In revealing the International Scouting Service pre-season rankings, director Dennis MacInnis said: "Having the chance to scout Sidney Crosby at the same age, McDavid is even more impressive, true superstar potential."

THE CANADIAN PRESS

tracts attention. He's being touted as "the next one" and is the front-runner to go first overall in the 2015 NHL draft as a once-in-a-generation talent.

He's conditioned to deflect the attention rather than absorb it.

"It's all right," McDavid said.

Dominating hockey is still fun for McDavid. But being unquestionably the best player in junior hockey and the presumptive No. 1 pick sometimes comes at the cost of what he called "crazy and unreachable" expectations.

"Sometimes that can be a little bit stressful and annoying, but I guess it sometimes comes with the territory," he says.

McDavid, who was born in

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

You trust your judgment but can you trust the judgment of people who, in your eyes, have yet to prove themselves? You may have no choice today as the planets suggest that your fate is in their hands.

♉ Taurus

April 21 - May 21

It will be clear today that you've been moving in the wrong direction, and that means you must change course right now.

♊ Gemini

May 22 - June 21

Life is good and getting better by the moment, so why are you so fearful? No doubt it has something to do with Mercury, your ruler, in one of its retrograde phases. Don't worry.

♋ Cancer

June 22 - July 23

Be more flexible when it comes to emotional relationships. With so much cosmic activity in the domestic area of your chart loved ones may be difficult to handle but will respond to gentle understanding.

♌ Leo

July 24 - Aug. 23

Your words have been misrepresented, but you don't have to kick up a fuss about it. Just explain, in plain language, what it is that has upset you.

♍ Virgo

Aug. 24 - Sept. 23

Mercury, your ruling planet, urges you to focus your energies in one direction today rather than spread yourself thin.

♎ Libra

Sept. 24 - Oct. 23

You know what you want and you know how to get it but with mind planet Mercury still moving retrograde can you be certain you have made the right call? Give it a day.

♏ Scorpio

Oct. 24 - Nov. 22

The planets will help you see through the web of deceit that people have created and by the end of the day you will have no doubt what the truth is.

♐ Sagittarius

Nov. 23 - Dec. 21

You may not be sure where an idea came from but you can and you must make good use of it. If you don't, a rival most certainly will.

♑ Capricorn

Dec. 22 - Jan. 20

It would appear that someone has been telling lies about you or putting you down. Find out who it is and who they have talked to, and make sure you put the record straight.

♒ Aquarius

Jan. 21 - Feb. 19

You know what is and is not possible and have no intention of letting daydreams lead you astray. That's good. You must deal only in facts.

♓ Pisces

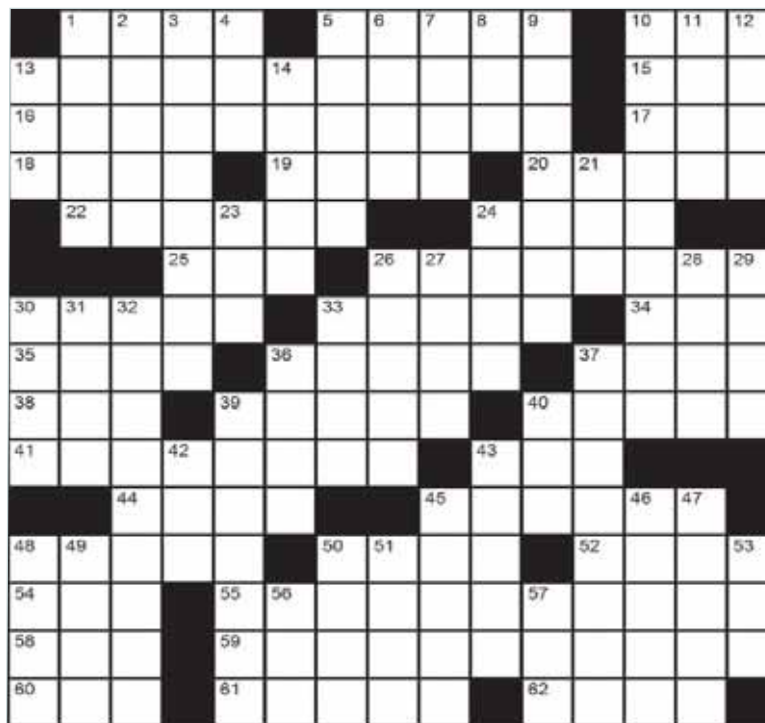
Feb. 20 - March 20

Something that has been a mystery will no longer nag at you as of today. Once the mystery has gone, the fear and worry that came with it will disappear as well.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Amsterdam's locale, briefly
5. NBA's Heat city
10. Extinct bird
13. 1963 The Crystals smash: 4 wds.
15. Matt __, Canuck singer/songwriter
16. Who #41-Across teaches on "How to Get Away with Murder", new on CTV: 2 wds.
17. Frostiness
18. "What's __ for me?": 2 wds.
19. Loaf
20. Bay of Fundy's are famously high
22. Whine
24. Gent's gender
25. Not 'twas
26. 1845 + Arctic + Northwest Passage = __ Expedition
30. Bedlam
33. Leave the house: 2 wds.
34. Chemistry, e.g.
35. Owen __, "Star Wars" (1977) character
36. Wounded by a bull
37. Forsaken
38. Female sheep
39. Openings-for-coins
40. Broadway awards
41. Professor __ Keating (Viola Davis' role on #16-Across)
43. Cavity
44. Defeat



45. Magic bunny's hideout: 2 wds.
48. Drive
50. Prime Minister of Israel from 1969 to 1974, Golda __ (b.1898 - d.1978)
52. Moisturizer content
54. Beatles: What

- Magill called herself
55. The Manitoba Museum attraction, it's astronomical!
58. Unwell
59. Canadian super-model Linda
60. Actress Ruby
61. Wallet items
62. Batches

Down

1. Some flatbreads
2. Astronomer Mr. Hubble
3. Tortilla chips brand
4. Tap temperature
5. Of a method
6. "Mockingbird" by __ & Charlie Foxx
7. "Rule, Britannia"

- composer
8. Bon __ (Witticism)
9. Music-themed Canadian show of 2004 to 2008, "Star"
10. Canadian musician/painter/activist, __ Joe
11. Ron Howard role
12. Syl __, Hockey Hall

- of Famer
13. Gladiator's 551
14. Regulations
21. Type
23. ' __ ' for Vancouver
24. Queen __ Gulf (icy resting place of HMS Erebus, the recent headlines-making ship, as per #26-Across)
26. Strength
27. Egg masses
28. Bass is Base hit: " __ "
29. Writer Anais'
30. Actress Ms. DuVall
31. Actress Goldie
32. Land in Disney's "Frozen" (2013)
33. Gunks
36. Flippant
37. Casanova
39. Drank loudly
40. Value a valet
42. " __ you serious?!"
43. Door: French
45. Modelling legend Cheryl
46. "He's making __, __": What Santa's doing in the famous carol
47. Hypes
48. Slipped
49. Scrabble piece
50. Lady's address
51. Feminizing suffix
53. Fashion label, __ Savahl
56. Nero's 56
57. Totally

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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